



Nutritional Information

FLAVOR	PRODUCT LINE	SERVING SIZE	CALORIES	FAT CALORIES	TOTAL FAT	SATURATED FAT	TRANS FAT	CHOLESTEROL	SODIUM	TOTAL CARB	DIETARY FIBER	SUGAR	PROTEIN	VITAMIN A	VITAMIN C	CALCIUM	IRON	PHOSPHORUS	POTASSIUM	INGREDIENTS
ORIGINAL RICE PUDDING	Kozy Shack®	113g	130	30	3g	2g	0g	20mg	135mg	22g	0g	14g	4g	134IU	0.90mg	112mg	0.51mg	97mg	150mg	Milk, rice, sugar, eggs, natural vanilla flavor with other natural flavors, salt.
EUROPEAN STYLE RICE PUDDING	Kozy Shack®	113g	130	30	3.5g	2g	0g	25mg	130mg	22g	0g	14g	4g	140IU	0.86mg	111mg	0.51mg	96mg	150mg	Milk, rice, sugar, eggs, natural custard flavor with ground vanilla beans, natural vanilla flavor with other natural flavors, salt, annatto (for color).
CINNAMON RAISIN RICE PUDDING	Kozy Shack®	113g	140	30	3g	2g	0g	20mg	130mg	24g	0g	16g	4g	129IU	0.99mg	110mg	0.65mg	93mg	180mg	Milk, rice, sugar, raisins, eggs, lemon juice, salt, natural vanilla flavor with other natural flavors, cinnamon.
OLD FASHIONED TAPIOCA PUDDING	Kozy Shack®	113g	130	25	3g	2g	0g	15mg	140mg	23g	0g	17g	3g	117IU	0.89mg	114mg	0.17mg	94mg	140mg	Milk, sugar, tapioca, egg whites, modified tapioca starch, natural vanilla flavor with other natural flavors, salt, annatto (for color).
REAL CHOCOLATE PUDDING	Kozy Shack®	113g	140	30	3.5g	2g	0g	15mg	140mg	24g	less than 1g	19g	4g	119IU	0.90mg	123mg	0.10mg	103mg	220mg	Milk, sugar, modified tapioca starch, cocoa processed with alkali, salt, carrageenan, natural vanilla flavor with other natural flavors.
NATURAL VANILLA PUDDING	Kozy Shack®	113g	130	30	3g	2g	0g	15mg	150mg	22g	0g	17g	3g	126IU	0.91mg	119mg	0.12mg	92mg	150mg	Milk, sugar, modified tapioca starch, eggs, natural vanilla flavor with other natural flavors, salt, carrageenan, annatto (for color).
BUTTERSOTCH PUDDING	Kozy Shack®	113g	130	30	3.5g	2g	0g	15mg	135mg	23g	0g	19g	3g	105IU	0mg	110mg	0.10mg	88mg	135mg	Milk, sugar, modified food starch, natural flavors, eggs, caramel color, salt, annatto (for color), carrageenan.
BAKED STYLE FLAN	Kozy Shack®	113g	200	50	6g	3.5g	0g	55mg	120mg	30g	0g	29g	6g	207IU	0.24mg	185mg	0.39mg	101mg	180mg	Milk, sugar, eggs, whole milk powder, water, natural flavors, carrageenan, locust bean gum, salt, xanthan gum, annatto (for color).
NO SUGAR ADDED RICE PUDDING	Kozy Shack By Request®	113g	100	30	3g	2g	0g	20mg	125mg	14g	3g	5g	4g	129IU	0.85mg	109mg	0.47mg	93mg	145mg	Milk, water, rice, inulin (natural chicory root extract), eggs, natural vanilla flavor with other natural flavors, salt, sucralose (Splenda® Brand non-nutritive sweetener), carrageenan.
NO SUGAR ADDED TAPIOCA PUDDING	Kozy Shack By Request®	113g	90	30	3g	2g	0g	15mg	140mg	11g	4g	5g	3g	122IU	0.90mg	114mg	0.17mg	89mg	145mg	Milk, tapioca, water, inulin (natural chicory root extract), egg whites, modified tapioca starch, natural vanilla flavor with other natural flavors, salt, sucralose (Splenda® Brand non-nutritive sweetener).
NO SUGAR ADDED CHOCOLATE PUDDING	Kozy Shack By Request®	113g	90	30	3g	1.5g	0g	10mg	120mg	10g	4g	4g	3g	103IU	0.76mg	102mg	0.12mg	93mg	215mg	Milk, water, modified tapioca starch, inulin (natural chicory root extract), cocoa processed with alkali, corn starch, salt, sucralose (Splenda® Brand non-nutritive sweetener), natural vanilla flavor with other natural flavors, carrageenan.
NO SUGAR ADDED VANILLA PUDDING	Kozy Shack By Request®	113g	90	25	3g	2g	0g	10mg	125mg	10g	4g	4g	3g	109IU	0.82mg	106mg	0.13mg	81mg	135mg	Milk, water, modified tapioca starch, inulin (natural chicory root extract), corn starch, natural vanilla flavor with other natural flavors, salt, sucralose (Splenda® Brand non-nutritive sweetener), carrageenan, annatto (for color).
NO SUGAR ADDED BUTTERSOTCH PUDDING	Kozy Shack By Request®	113g	80	25	3g	2g	0g	10mg	130mg	9g	4g	5g	3g	110IU	0.80mg	106mg	0.21mg	79mg	130mg	Milk, water, modified tapioca starch, inulin (natural chicory root extract), corn starch, natural butterscotch flavor, caramel color, salt, sucralose (Splenda® Brand non-nutritive sweetener), carrageenan, annatto (for color).
CUSTARD	Kozy Shack By Request®	113g	130	30	3.5g	2g	0g	20mg	80mg	19g	0g	17g	7g	127IU	0.96mg	137mg	0.13mg	103mg	160mg	Milk, sugar, whey protein, egg whites, modified tapioca starch, carrageenan, natural custard flavor, eggs, natural vanilla flavor with other natural flavors, salt, annatto (for color).
ORANGE GELTREAT®	Kozy Shack By Request®	113g	100	0	0g	0g	0g	0mg	15mg	25g	0g	23g	0g	0IU	0mg	16mg	0.02mg	49mg	85mg	Water, sugar, carrageenan, natural orange flavor, adipic acid, potassium citrate, fumaric acid, artificial color (yellow #6).
CHERRY GELTREAT®	Kozy Shack By Request®	113g	100	0	0g	0g	0g	0mg	15mg	25g	0g	23g	0g	0IU	0mg	16mg	0.02mg	48mg	85mg	Water, sugar, carrageenan, natural cherry flavor with other natural flavors, adipic acid, potassium citrate, fumaric acid, artificial color (red #40, red #3).
STRAWBERRY GELTREAT®	Kozy Shack By Request®	113g	100	0	0g	0g	0g	0mg	15mg	25g	less than 1g	24g	0g	0IU	0mg	16mg	0.02mg	48mg	85mg	Water, sugar, carrageenan, natural strawberry flavor with other natural flavors, adipic acid, potassium citrate, fumaric acid, artificial color (red #40).
LEMON GELTREAT®	Kozy Shack By Request®	113g	90	0	0g	0g	0g	0mg	20mg	26g	1g	24g	0g	0IU	0mg	21mg	0.04mg	0mg	95mg	Water, sugar, natural lemon flavor with other natural flavors, carrageenan, citric acid, potassium citrate, fumaric acid.
SUGAR FREE ORANGE GELTREAT®	Kozy Shack By Request®	113g	5	0	0g	0g	0g	0mg	20mg	1g	less than 1g	0g	0g	0IU	0mg	21mg	0.02mg	0mg	110mg	Water, carrageenan, natural orange flavor, adipic acid, potassium citrate, aspartame sweetener, fumaric acid, artificial color (yellow #6).
SUGAR FREE STRAWBERRY GELTREAT®	Kozy Shack By Request®	113g	5	0	0g	0g	0g	0mg	20mg	1g	less than 1g	0g	0g	0IU	0mg	21mg	0.02mg	0mg	110mg	Water, carrageenan, natural strawberry flavor with other natural flavors, adipic acid, potassium citrate, aspartame sweetener, fumaric acid, artificial color (red #40).
CRAZY CHOCOLATE	Kozy Shack Poppin' Pudding™	113g	120	10	1.5g	0.5g	0g	5mg	105mg	23g	3g	19g	3g	181IU	0mg	120mg	0.08mg	102mg	210mg	Low fat milk, sugar, modified tapioca starch, inulin (chicory root extract), cocoa processed with alkali, salt, carrageenan, natural flavors.
VERY VANILLA	Kozy Shack Poppin' Pudding™	113g	110	10	1g	0.5g	0g	10mg	135mg	21g	3g	17g	3g	189IU	0mg	117mg	0.10mg	91mg	140mg	Low fat milk, sugar, modified tapioca starch, inulin (chicory root extract), eggs, natural flavors, salt, carrageenan, annatto (for color).
BALLISTIC BANANA	Kozy Shack Poppin' Pudding™	113g	100	10	1g	0.5g	0g	10mg	95mg	17g	3g	13g	3g	197IU	0mg	122mg	0.11mg	95mg	150mg	Low fat milk, sugar, modified tapioca starch, inulin (chicory root extract), eggs, natural flavors, carrageenan, annatto (for color).
COOL BERRY BURST	Kozy Shack Jammin' Gels™	113g	100	0	0g	0g	0g	0mg	20mg	25g	1g	24g	0g	0IU	.65mg	26mg	.02mg	0mg	165mg	Water, sugar, apple juice concentrate, natural flavors, carrageenan, citric acid, potassium citrate, fumaric acid, blue #1.
FRUIT PUNCH FUSION	Kozy Shack Jammin' Gels™	113g	100	0	0g	0g	0g	0mg	20mg	26g	1g	24g	0g	0IU	.65mg	25mg	.01mg	0mg	165mg	Water, sugar, apple juice concentrate, natural flavors, carrageenan, citric acid, potassium citrate, fumaric acid, red #40.